



18th Annual - Social Work Conference: Ethics, Boundaries and Self-Care

Tammy Scheidegger Ph.D., LPC, NCC

Tuesday, October 16th, 2018 7:15AM - 12:30 PM

Registration: 7:15AM – 7:55AM

Conference: 8:00AM

Children's Hospital of WI – Briggs and Stratton Auditorium

9000 W. Wisconsin Ave

Milwaukee, WI 53226

Objectives

This conference is designed to increase knowledge, skills and professional growth for social workers, nurses and allied health professionals.

Participants will:

- Identify the ethical codes that require professional mental health care providers to focus on self-care.
- Understand how professional self-care translates into healthy boundaries and positive client/consumer outcomes.
- Learn to use the Healthy Mind Platter as a template for implementing daily self-care routines.
- Know how and when to implement informal and formal procedures for getting yourself or a colleague the help they need to stay well.

Target audience

This conference is designed for social workers at all levels of practice.

Registration/conference fees

This is a complimentary conference for employees of Children's Hospital and Health System. For all other registrants, the fee is \$75.00, which includes a continental breakfast.

Register online at <http://www.maxishare.com/conferences> after July 9, 2018.

Registration deadline

Sign up by October 8, 2018.

Refund policy

A refund minus a \$25.00 processing fee per registration will be issued if written cancellation is received no later than October 8, 2018.

About the speaker:

Dr. Scheidegger is a tenured, Associate Professor in the Graduate Program in Counseling at Mount Mary University and the Practicum and Internship Coordinator. She served as President of the Wisconsin Counseling Association from 2012 -2013. In 2012, she was also an invited member of the Wisconsin Department of Safety and Professional Services taskforce to re-write the educational requirements for Professional Counselors. She currently serves as an appointed member of the Wisconsin Department of Safety and Professional Services, Joint Board for Marriage and Family Therapy, Professional Counseling, and Social Work Examining Board and the Licensed Professional Counselor section.

Dr. Scheidegger has worked with a variety of clients in several modalities (i.e. individual, couples, and families), and has a specialization in Family Therapy with children and adolescents. She has also worked extensively with eating disordered clients and in trauma and disaster response. She speaks extensively on secondary traumatic stress, trauma informed care and trauma sensitive schools, supervision in the counseling profession, and child and adolescent development in the context of family functioning. She has also consulted with under-served rural schools on mental health and counseling needs. She is a member of the ACA, WCA, AACE, ACES, AAMFT, WMFTA, and past member of NCFR.

Dr. Scheidegger is a Licensed Professional Counselor in the state of Wisconsin and is a National Board Certified Counselor. Her publications include: *Parenting practices of rural families and their relationship to adolescent educational and emotional outcomes*, *Family structure, process, and values as influences on educational aspirations among rural youth*, *Engaging children in therapeutic enactments with the use of a video camera*, and *Emergency intervention procedures to prevent suicide among runaway youth: A manual*. She currently teaches courses related to trauma counseling, couples and family therapy, eating disorders, psychopathology and advanced issues in clinical mental health as well as supervising graduate students as they complete their internship experience in the counseling field.

In the past two years, Dr. Scheidegger has worked with her colleague Dr. Carrie King, along with many of her graduate students, to train and implement trauma informed practices in the greater Milwaukee community as well as to train and implement trauma responsive school practices in the Milwaukee private school system. They have received two grants from the Charles E. Kubly Foundation supporting their work and research in developing trauma sensitive schools. Carrie's and Tammy's work on trauma was presented in Montreal, Quebec, Canada and Banff, Alberta, Canada in 2016 and will be presented in St. Louis, MO and Capetown, South Africa this spring.



Continuing education credits

Children's Hospital of Wisconsin, provider #1021 is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. Children's Hospital of Wisconsin maintains responsibility for the program. ASWB Approval Period: 1/29/16 through 1/29/19.

Social workers who successfully complete this activity will receive **4.4** continuing education clock hours. This course is appropriate for social workers at all practice levels.

Social workers must attend the entire presentation and complete an online evaluation after the program to receive a certificate.

For nonsocial work credentialed or licensed staff of other academic disciplines – please check with your licensing/regulatory board for CE approval.

ADA statement

Children's Hospital and Health System fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant needs accommodation, please email jturkoske@chw.org or call (414) 337-7716.

Questions/Grievances

Resolution of grievances will be handled by the SW Continuing Education Committee. Contact Julie Turkoske with questions or grievances 414-337-7716.

Planning committee

Dawn Cvecko, MSW
Medical Social Worker
Children's Hospital of Wisconsin

Julie Turkoske, BSE
Conference Planning Coordinator
Children's Hospital of Wisconsin

Christopher Lisowski, LCSW
Psychotherapist
Children's Hospital of Wisconsin

Kara Woida, MSN, RN
Clinical Education Manager
Children's Hospital of Wisconsin

Dean Peck, ACSW, LCSW
Out of Home Clinical Consultant Supervisor
Children's Service Society of Wisconsin