

# 15TH ANNUAL Care in the Community Conference

09.27.18

**Family Well-being: Mental Health  
Awareness, Prevention and Support**

**09.27.18  
RADISSON HOTEL MILWAUKEE WEST  
WAUWATOSA, WI**



## Who should attend?

Families, physicians, nurses, social workers, teachers and others who care for children and youth with special health care needs

## Purpose

To give families and providers information, resources and strategies that help them work together to provide children and youth with special health care needs coordinated, family-centered care in the community

## Contact hours

Children's Hospital and Health System, provider #1021, is approved as a provider for continuing education by:

**The Association of Social Work Boards**

**400 S. Ridge Parkway, Suite B**

**Culpepper, VA 22701**

**(540) 829-6880**

**[www.aswb.org](http://www.aswb.org)**

**ASWB approval period:**

**01/29/16 through 1/29/19**

Social workers should contact their regulatory board to determine course approval. Social workers will receive 5.5 continuing education clock hours for this course. This course is appropriate for social workers at all practice levels. Social workers must complete an evaluation form at the end of the program to receive a certificate. Social Workers must complete all sessions and turn in evaluation forms in order to complete this course.

This conference fulfills Continuing Education requirements for the Wisconsin Department of Safety and Professional Services for the State of Wisconsin for Social Work certification and licensure under MPSW 19.

Resolution of grievances will be handled by the SW Continuing Education Committee. Contact Julie Turkoske with questions or grievances at (414) 337-7716.

## ADA statement

Children's Hospital and Health System fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of the conference needs accommodation, call (414) 266-3192.

## For your comfort

Room temperatures may vary in the meeting rooms. Please bring a jacket or sweater in case the room is too cool for your comfort.

## Funding

The Care in the Community Conference and the Southeast Regional Center for Children and Youth with Special Health Care Needs is funded in part by the MCH Title V Services Block Grant; Maternal and Child Health Bureau; Health Resources and Services Administration; and the U.S. Department of Health and Human Services, in partnership with Children's Hospital of Wisconsin.

## Planning Committee

**Laura Weimer**, MSW, APSW, social work planner, Children's Hospital of Wisconsin

**Meg Steimle**, BA, project manager-transition, SE Regional Center for CYSHCN, Children's Hospital of Wisconsin

**Brad Holman**, BS, Ed, project manager-medical home, SE Regional Center for CYSHCN, Children's Hospital of Wisconsin

**Marcela Ramos**, Care Coordination Assistant, Children's Hospital of Wisconsin

**Jenna Maltby**, MA, dance/movement therapist, Children's Hospital of Wisconsin

**Lori Albers**, BA, family engagement coordinator, Children's Hospital of Wisconsin

**Julia (Mickey) Wilson**, AAT, parent advisor

**Veronica Nolden**, parent advisor

# Agenda

Time	Description
7:45 a.m.	<b>Registration and continental breakfast</b>
8:45 a.m.	<b>Welcome and overview - Meg Steimle</b>
8:55 a.m.	<b>Bullying and Mental Health: Awareness, Prevention, and Support   Jeff Karst, PhD</b> Participants will learn the impact of bullying in school-aged children and prevention strategies.
9:45 a.m.	<b>Break, visit vendors</b>
10 a.m.	<b>Session 1 - Panel</b>
	<b>Community Perspectives on Mental Health Access   Michael Weber, PhD, Inshirah Farhoud, PNP, Kim Carrigan, BA, Deia Lawrence, MS, Quelle Robinson, PATCH teen educator</b> Moderator - Dominique Pritchett, MSW Participants of this panel will share their perspectives relating to mental health services in the community specifically around access to services for children and youth with mental health needs. Participants will understand the barriers families face in accessing services and learn potential strategies to guide access to services.
11:15 a.m.	<b>Break, visit vendors</b>
11:30 a.m.	<b>Lunch</b>
12:15 p.m.	<b>Room set-up, visit vendors</b>
12:30 p.m.	<b>Session 2 (Choose 1 workshop)</b>
	<b>2A - Mental Health Challenges in the Family   Dominique Pritchett, MSW</b> Participants will learn common barriers about mental health in the family and identify steps to begin to move toward a balanced mental health.
	<b>2B - Emergency Preparedness: Impact on Mental Health Coping   Patty Ruth, BA</b> Participants will understand preparedness steps, strategies and resources that may assist you, your family and your community to be more resilient, helping you to cope and recover.
1:45 p.m.	<b>2C - Infant Mental Health   Elizabeth Lanter, MSW</b> Participants will understand the difference between attachment and relationship, types of attachment and relationship development.
	<b>Break, visit vendors</b>
2 p.m.	<b>Session 3 (Choose 1 workshop)</b>
	<b>3A - Navigating the Youth Mental Health System   Matthew Jandrisevits, PhD</b> Participants will understand the referral, assessment and treatment process to address behavioral health needs for youth.
	<b>3B - Self-care for Wellness   Ronnie Artero Frederick, BA, LMT</b> Participants will understand how positive and negative stress, hormones created naturally by the body and research demonstrate how massage may affect us physically and psychologically.
3:15 p.m.	<b>3C - Identifying Gateway Behaviors   Joel Lashley, writer, trainer, consultant</b> Participants will learn through personal and professional examples how they may better communicate and support children and youth with brain-based disorders.
	<b>Wrap-up and evaluation</b>



Children's Hospital of Wisconsin, Inc.  
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## 15th annual Care in the Community Conference

Family Well-being: Mental Health Awareness, Prevention and Support

**Register by Friday, September 14, 2018**

Families and guardians (\$20 per person); professionals (\$40 per person); students (\$20 per person); social workers requesting clock hours (\$60 per person)

Registration includes continental breakfast and lunch. Limited scholarships are available for parents and guardians of children with special health care needs. Call Meg Steimle at (414) 266-3192 for more information.

**Register online**

[Maxishare.com/conferences](http://Maxishare.com/conferences)

For registration questions, call (414) 337-7716. Space is limited. Please register early. A confirmation letter with directions will follow. No telephone or on-site registration. No refunds will be issued.

For more information or questions, call (414) 266-3192.

**Jeff Karst, MD**



Dr. Karst is an Assistant Professor of Pediatrics at the Medical College of Wisconsin and pediatric psychologist at Children's Hospital of Wisconsin. His primary work involves helping children and their families cope with cancer and other blood disorders. Dr. Karst also has an extensive background working with children with developmental disabilities. As a pediatric psychologist, Dr. Karst works with many children and families providing mental health support for bullying and peer conflict related issues and is familiar with scientific findings in this field.